



**Paul McCartney to Headline Benefit Concert
at Radio City Music Hall on Saturday, April 4
To be joined by special guests Ringo Starr, Donovan, Sheryl Crow,
Eddie Vedder, Ben Harper, Moby, Paul Horn, Bettye LaVette, and Jim James**

Tickets go on sale Monday, March 9, 11 a.m. through ticketmaster.com

Paul McCartney and special guests Ringo Starr, Donovan, Sheryl Crow, Eddie Vedder, Ben Harper, Moby, Paul Horn, Bettye LaVette, and Jim James will perform at the David Lynch Foundation's benefit concert, "Change Begins Within," at Radio City Music Hall in New York on Saturday, April 4th, 7:30 p.m.

David Lynch, Russell Simmons, Laura Dern, and other surprise guests will fill out the star-studded slate as presenters.

Tickets will go on sale on Monday, March 9, at 11 a.m. through ticketmaster.com, or by calling 866-858-0008.

"Change Begins Within" will raise funds to teach one million at-risk children to meditate—giving them life-long tools to overcome stress and violence and promote peace and success in their lives. In 1968, the Beatles, Donovan, and Paul Horn traveled to India to study Transcendental Meditation with Maharishi Mahesh Yogi. The trip's dramatic impact was evident on their music and is credited for the acceptance of meditation in the West today.

Paul McCartney said his Transcendental Meditation practice has helped him personally over the past 40 years. “In moments of madness, it has helped me find moments of serenity,” Paul said. He added that he supports the work of the David Lynch Foundation to bring the technique to one million children for the same reason. “I would like to think that it would help provide them a quiet haven in a not-so-quiet world.”

Ringo Starr expressed his personal satisfaction to be performing at the concert: “It gives me great pleasure to be part of this evening. I feel the aims of this charity are wonderful!”

Donovan added: “How great to be playing with Paul, Ringo, and Paul Horn again—as we did in India in 1968. And now we see the amazing results of our work from 40 years ago to bring meditation to the whole world. It’s the same message today, which is, ‘Change begins within.’” Donovan serves as head of the musical wing of the David Lynch Foundation.

George Verschoor is the executive producer and co-creative director of the concert, Dan Parise is co-executive producer, and Laura Dawn is talent producer and co-creative director.

Media contacts

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Photograph of Paul McCartney available from

<ftp://touring.mpl.co.uk>

Username: davidlynch • Password: 260209foundation

David Lynch Foundation

The David Lynch Foundation has provided scholarships since 2005 for more than 60,000 students, parents, and teachers to learn to meditate throughout the United States, Latin America, the Middle East, and Africa. The Foundation also funds independent university research on the effects of the Transcendental Meditation technique on stress, learning, and behavior. For more information visit DavidLynchFoundation.org

National Institutes of Health

The NIH has awarded over \$24 million during the past 20 years to investigate the effects of Transcendental Meditation on brain functioning and cardiovascular disease.

Program researchers

Steel Belok, M.D., Internist, Harvard Medical School

Gary Kaplan, M.D., Ph.D., Neurologist, New York University School of Medicine

Noel Bairey Merz, M.D., Medical Director, Women’s Heart Center, Cedar-Sinai Medical Center

Otelio Randall, M.D., Medical Director, Preventive Cardiology Program, Howard University
Norman Rosenthal, M.D., Psychiatrist; Medical Director, Capital Clinical Research Associates
William Stixrud, Ph.D., Neuropsychologist; Director, William Stixrud & Associates
David Haaga, Ph.D., Director, James Gray Psychotherapy Training Clinic, American University
Rita Benn, Ph.D., Director of Education, University of Michigan Integrative Medicine
Robert Colbert, Ph.D., Assistant Professor of Educational Psychology, University of Connecticut
Vernon Barnes, Ph.D., Senior Researcher, Medical College of Georgia's Prevention Institute
Frank Staggers, Jr., M.D., Drug Detoxification Specialist; Consultant, National Institutes of Health
Robert Schneider, M.D., F.A.C.C., Director, NIH-funded Institute of Natural Medicine and Prevention

Media Advisory

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